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Community Health News

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Georgia Southern Applies Mixed-Methods Design in Community-Engaged Research

January 24, 2017



Georgia Southern participated in a collaborative, community-informed study using a mixed-methods approach to adapting an evidence-based intervention to meet the needs of Latinos with chronic disease and minor depression and their family members. Mixed-methods informed by community-based participatory research (CBPR) were employed to triangulate multiple stakeholders' perceptions of facilitators and barriers of implementing the adapted intervention in community settings. Community partners provided an insider perspective to overcome methodological challenges. The study's community informed mixed-methods: research approach offered advantages to a single research methodology by expanding or confirming research findings and engaging multiple stakeholders in data collection. This approach also allowed community partners to collaborate with academic partners in key research decisions. Thus, the current study supports the value for community-based, mixed-methods research in the development and/or adaptation of

evidence-based interventions.

["Application of Mixed-Methods Design in Community-Engaged Research: Lessons Learned from an Evidence-Based Intervention for Latinos with Chronic Illness and Minor Depression,"](#) was published in *Evaluation and Program Planning*.

Dr. Moya Alfonso, Associate Professor of Community Health Behavior and Education at the Jian-Ping Hsu College of Public Health was one of the co-authors of this study.

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